
The Whirlwind

P.O. Box 20268, Reno, NV 89515-0268

October 13, 2005

Meeting: 3rd Tuesday
of each month
6:15 pm Networking,
6:30 pm Meeting/Dinner

**At The Holiday Inn
6th Street (off of Wells Ave)**

Please Call Betty Mullins,
Hospitality, at 329-3026 or
Sherry Fairchild at (775) 673-
8576 or [sherry@hendricks-
inc.com](mailto:sherry@hendricks-inc.com) for further information
or to RSVP. *Reminder- A
Reservation Made is a
Reservation Paid*

Board Members

Sherri Simmons, President
775-787-0144 775-250-4010

Deborah Shadaram, V.P.
775-450-4455

Debbie Frombola, Secretary
775-554-9319 775-853-9991

Rita Perry, Treasurer

Sherri Fairchild, Cspd. Secretary
775-673-8576

Newsletter articles are due by the last
Friday of the month. Please
e-mail Judy Peterson your articles at
judydpeterson@msn.com, or mail them
to PO Box 11138, Killeen, TX 76547.
For more info please call 775-848-9817

Happy Birthday!!

Sorry, no birthdays!!



From The President's Desk

The weather is changing as a Nevada fall does, a bit chilly one week and warm again the next. Nights are getting cooler and leaves are starting to change. It is awfully pretty out and the weather reminds you to get in the last minute sunshine & warm fresh air as winter is just around the corner! Time to plant bulbs, make squash, eat apples and hang Halloween décor. But while you are in the process of getting ready for fall, don't forget all the great stuff we have going on at ABWA!!

Our speaker this month is a class on safety & awareness training. How can you protect yourself? Come and find out, as Sandra Gailor from Women's Safety Education Group will have helpful tips & tricks that will be handy, especially as we move into the holiday season and tend to forget safety in our rush to shop.

We have our wine tasting coming up Friday, November 18th at Flaggstone Wine & Gifts from 5:30-7:30. This event was a tremendous success last year thanks to Debbie Frombola, Cyndy Flaggstone & their helpers. Cyndy has since expanded her shop and this year is expected to be even better. Come get your Thanksgiving wine and maybe even get started on those Christmas gifts!

ABW Day was a huge success!! The luncheon was sold out and the feedback was overwhelmingly positive from attendees. Thank you so much Linda Saucedo for chairing the committee and making it all happen. Your vision has put ABWA on the map in Reno. Also thank you to the wonderful committee that supported Linda and worked hard to put this together and the day of helpers that kept things running smoothly. Next year's ideas are already starting to surface and if you missed it this year, you need to plan ahead and make sure you are there next year.

Also, thank you to Pam Walker for donating her house for our annual anniversary party. It was just beautiful out and everyone enjoyed relaxing, BBQing and talking out on the deck!

Don't forget your local dues are due! We are a little behind since we did not have a September meeting, so please make sure you are paid up this month.

See you at the meeting and bring a friend!!

Your president,

Sherri Simmons

Anniversaries

Ursula Wellman '69

Invocation

In the quiet of this hour,
we come to thee for wisdom
And for power;
To view thy world through only love filled eyes;
To grow in understanding; to be wise.
And sure to see thy guiding light;
And thus to know each other as thou knowest
us.
Amen

A young wife sat on a sofa on a hot humid day, drinking iced tea and visiting with her Mother. As they talked about life, about marriage, about the responsibilities of life and the obligations of adulthood, the mother clinked the ice cubes in her glass thoughtfully and turned a clear, sober glance upon her daughter.

"Don't forget your Sisters," she advised, swirling the tea leaves to the bottom of her glass. "They'll be more important as you get older. No matter how much you love your husband, no matter how much you love the children you may have, you are still going to need Sisters. Remember to go places with them now and then; do things with them. And remember that "Sisters" also means your girlfriends, your daughters, and other women relatives, too. You'll need other women. Women always do."

"What a funny piece of advice!" the young woman thought. "Haven't I just gotten married? Haven't I just joined the couple-world? I'm now a married woman, for goodness sake! A grownup. Surely my husband and the family we may start will be all I need to make my life worthwhile!"

But she listened to her Mother. She kept contact with her Sisters and made more women friends each year. As the years tumbled by, one after another, she gradually came to understand that her Mom really knew what she was talking about. As time and nature work their changes and their mysteries upon a woman, Sisters are the mainstays of her life. After almost 50 years of living in this world, here is what I've learned:

Times passes.
Life happens.
Distance separates.
Children grow up.
Love waxes and wanes.
Hearts break.
Careers end.
Jobs come and go.
Parents die.
Colleagues forget favors.

But Sisters are there, no matter how much time and how many miles are between you. A Sister is never farther away than needing her can reach. When you have to walk that lonesome valley, and you have to walk it for yourself, your Sisters will be on the valley's rim, cheering you on, praying for you, pulling for you, intervening on your behalf, and waiting with open arms at the valley's end. Sometimes, they will even break the rules and walk beside you. Or come in and carry you out.

My mother, sister, sisters-in-law, and girlfriends bless my life! The world wouldn't be the same without them, and neither would I. When we began this adventure called womanhood, we had no idea of the incredible joys or sorrows that lay ahead. Nor did we know how much we would need each other. Every day, we still need each other.

Congratulations Rita Perry & Family!!!!

Hi Sherri, just wanted to share that I got THE CALL from my daughter yesterday at 2 in the afternoon, and managed to get down here by 6:30 despite commute traffic.

My new grandson was born at 10:44pm yesterday. He is totally handsome, weighed in at 8 lbs 8 oz. and is 21 1/2 inches long.

Both he and mom are doing fine, and I think he was most considerate to wait until after the board meeting.

take care

Rita

Please share with members, I don't have everyone's email in my address book.

Dear Rita,

We are all so happy for you and your family. Congratulations and the best of luck to you all.

Judy Peterson

Past President & Washoe Zephyr Members

Excerpts from

"The Complete Live and Learn and Pass It On"

I've learned...That under everyone's hard shell is someone who wants to be appreciated and loved.

I've learned....That the Lord didn't do it all in one day. What makes me think I can?

I've learned....That to ignore the facts does not change the facts.

I've learned....That when you plan to get even with someone, you are only letting that person continue to hurt you.

I've learned...That love, not time, heals all wounds.

Calendar of Events

November 2005

Express Board 4th

WZ Board 8th

National Conference 10-12th Texas

WZ Meeting 15th

Express Network 16th

Wine Tasting at Flaggstone Winery 18th

Benediction

O Guiding Spirit, Guardian of our days,
be with us as we as we go our separate
ways.

Help us to feel those thoughts that lift
and bless,
to know a closer bond of friendliness.
To see Thy beauty, always, every day,
translated into living, this we pray.

Amen

The Mousetrap

A Mouse looked through the crack in the wall to see the farmer and his wife opening a package. "What food might this contain?" He was devastated to discover it was a mousetrap. Retreating to the farmyard, the mouse proclaimed the warning. "There is a mousetrap in the house!; there is a mousetrap in the house!"

The chicken clucked and scratched, raised her head and said "Mr. Mouse, I can tell this is a grave concern to you, but it is of no consequence to me. I cannot be bothered by it."

The mouse turned to the pig and told him, "There is a mousetrap in the house." The pig sympathized but said, "I am so very sorry Mr. Mouse, But there is nothing I can do about it but pray Be assured that you are in my prayers."

The mouse turned to the cow. She said, "Wow, Mr. Mouse. I'm sorry for you. But it's no skin off my nose." So the mouse returned to the house, head down and dejected, to face the farmer's mousetrap alone. That very night a sound was heard throughout the house like the sound of a mousetrap catching its prey. The farmer's wife rushed to see what was caught. In the darkness she did not see that it was a venomous snake whose tail the trap had caught. The snake bit the farmer's wife. The farmer rushed her to the hospital and she returned home with a fever. Now everyone knows you treat a fever with fresh chicken soup, so the farmer took his hatchet to the farmyard for the soup's main ingredient.

But his wife's sickness continued, so friends and neighbors came to sit with her around the clock. To feed them, the farmer butchered the pig. The farmer's wife did not get well. She died; And so many people came for her funeral the farmer had the cow slaughtered to provide enough meat for all of them. So next time you hear that someone is facing a problem and think that it doesn't concern you, remember that when one of us is threatened, we are all at risk. In the book of Genesis, Cain said about Able his brother to our God: "Am I my brother's keeper?" We are all involved in this journey called life. We must keep an eye out for one another and be willing to make that extra effort to encourage one another.

WD-40 Continued from September

~Keeps away chiggers on the kids

~Use it for fire ant bites. It takes the sting away immediately, and stops the itch.

~WD-40 is great for removing crayon from walls. Spray on the mark and wipe with a clean rag.

~Also, if you've discovered that your teenage daughter has washed and dried a tube of lipstick with a load of laundry, saturate the lipstick spots with WD-40 and re-wash. Presto! Lipstick is gone!

~If you sprayed WD-40 on the distributor cap, it would displace the moisture and allow the car to start. (If I knew what a distributor cap was, it might help)

~WD-40, long known for its ability to remove leftover tape smudges (sticky label tape), is also a lovely perfume and air freshener! Sprayed liberally on every hinge in the house, it leaves that distinctive clean fresh scent for up to two days!

~Seriously though, it removes black scuff marks from the kitchen floor! Use WD-40 for those nasty tar and scuff marks on flooring. It doesn't seem to harm the finish and you won't have to scrub nearly as hard to get them off. Just remember to open some windows if you have a lot of marks.

~Bug guts will eat away the finish on your car if not removed quickly! Use WD-40!

Information from Express:

We are currently in the process of changing our luncheon location. The new location will take effect in October as we are celebrating jointly with Washoe Zephyr for ABW Day on September 22.

Location - Meadow Wood Courtyard, 5851 S. Virginia St. Reno, NV

Contact - Sharon Sutherland, VP Communications
775-826-7775, email sharon@rockctech.com

Dianemarie (DM) Collins _____

Information from National!!

You, along with other high-achieving businesswomen, are invited to one of the most dynamic, powerful events ever to hit Texas. The 2005 ABWA National Women's Leadership Conference, Nov. 10-12, has been created for entrepreneurs, managers, sales professionals, executives, assistants, and all professionals who are committed to their future. It is for businesswomen from all levels and areas of an organization who want the tools, resources and connections to achieve success and excellence in the workplace. This conference is not just for members of the American Business Women's Association, but for all those who will benefit from the collective strength and energy of professional women joining together to connect, learn and grow.

From pre-conference workshops to general sessions and breakout sessions, nationally respected speakers and experts will share the latest ideas, strategies and solutions for you to take away and apply to your own opportunities and challenges. To make it easier for you to locate the breakout sessions that are most closely aligned to your interests and needs, we have developed four tracks:

- Leading for Integrity: Authentic Leadership
- Speaking of Success: The Power of Communication
- Living the Life You Love: Personal Growth and Development
- Sharing the Experience: the American Business Women's Association

It's easy to jump from track to track and choose the sessions that are most relevant and important to you. In between the breakout sessions, rejoin other conference attendees in general sessions designed to invigorate and enhance your innate leadership abilities.

For more information check out the National Website at www.abwa.org